

Marble Falls ISD
007 - Falls Career High/Epic
LUNCH 2024

Jul 22, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 14 Pepperoni Pizza Cheese Sticks Uncrustable Grape 5.3 Power Pack Baby Carrots Seasoned Corn Pineapple Cups Mixed Fruit Cup Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Marinara Sauce Cup Ranch Dressing	Aug - 15 BBQ Chopped Beef Wings of Fire Uncrustable Grape 5.3 Power Pack Twister Fries Seasoned Peach Cup Applesauce Cup- Strawberry Ba Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Ketchup BBQ Sauce	Aug - 16 Sweet & Sour Chicken Corndog Uncrustable Grape 5.3 Twister Fries Seasoned Baby Carrots Grapes IW Luau Star Cool Tropics Gingerbread Texas Fat Free Chocolate Milk Low Fat Milk Ketchup Sweet & Sour Sauce Ranch Dressing
Aug - 19 Cheeseburger Chicken Burger Uncrustable Grape 5.3 Turkey & Cheese Sub Twister Fries Seasoned Burger Salad Peach Cup Sidekicks Frozen Variety 100% Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing BBQ Sauce	Aug - 20 Cheese Enchiladas Carne Guisada w/Rice PBJ Asst. Uncrustable 5.3oz Power Pack Garden Salad Bush's Chili Beans 1/2c Mandarin Cups Rosy Applesauce Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Taco Sauce jalepeno's Ranch Dressing	Aug - 21 PizzaBoli Cheese Calzone Meatball Sub w/ Marinara PBJ Asst. Uncrustable 5.3oz Power Pack Garden Salad Seasoned Corn Pineapple Cups Mixed Fruit Cup Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Marinara Sauce Cup Ranch Dressing	Aug - 22 Smoked Pork Sandwich Wings of Fire Uncrustable Grape 5.3 Power Pack Twister Fries Seasoned Peach Cup Applesauce Cup- Strawberry Ba Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing BBQ Sauce	Aug - 23 Chicken Strips Teriyaki Corndog PBJ Asst. Uncrustable 5.3oz Twister Fries Seasoned Fresh Medley Gala Apples American Ice Cup Gingerbread Texas Fat Free Chocolate Milk Low Fat Milk Ketchup Sweet & Sour Sauce Ranch Dressing

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 26	Aug - 27	Aug - 28	Aug - 29	Aug - 30
Cheeseburger Chicken Burger Uncrustable Grape 5.3 Turkey & Cheese Sub Twister Fries Seasoned Burger Salad Peach Cup Sidekicks Frozen Variety 100% Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing BBQ Sauce	Tamales Nachos Beef w/ Cheese Uncrustable Grape 5.3 Power Pack Garden Salad Bush's Chili Beans 1/2c Mandarin Cups Applesauce Cup- Strawberry Ba Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Taco Sauce Ranch Dressing jalepeno's	PizzaBoli Cheese Calzone Meatball Sub w/ Marinara PBJ Asst. Uncrustable 5.3oz Power Pack Garden Salad Seasoned Corn Pineapple Cups Mixed Fruit Cup Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Ranch Dressing	Meatloaf Macaroni & Cheese PBJ Asst. Uncrustable 5.3oz Power Pack Mashed Potatoes Peppered Gravy Green Beans Rosy Applesauce Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk	Mandarin Orange Chicken Grilled Cheese Sandwich Uncrustable Grape 5.3 Twister Fries Seasoned Baby Carrots Grapes IW Luau Star Cool Tropics Gingerbread Texas Fat Free Chocolate Milk Low Fat Milk Ketchup Sweet & Sour Sauce Ranch Dressing

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